

SIGMA ALPHA IOTA DENVER ALUMNAE

Xi C Province, Region 1

November 2015

Volume 65 Issue 2



STAFF SIGNALS



A NOTE FROM OUR PRESIDENT

Dear Sisters:

I am glad to see so many turned out for the October meeting. It was wonderful to have National Arts Associate John Kuzma talk about his authentic style and encouraging us to each find ours. And, although I had to leave early from the September Potluck meeting, I understand that there were lots of sisters in attendance and that it ended up being a great start to the year.

We will be having two upcoming events as we close out 2015, the November meeting and our annual Incorporation Day Luncheon. Our November meeting will feature the Flute Four – SAls Rachel Stone, Andrea Wiseman, Debbie Kruckman, and Mary Nichols – at the home of Nancy Johnson on Sunday, November 15 at 2:30pm. Province Officer Patty Krus will be in attendance to conduct our Official Visit and we also will having affiliation – you won't want to miss it!

On Saturday, December 5th at 11:30am, we will be holding our annual Incorporation Day Luncheon at the Red Lobster on S. Wadsworth in Littleton (see address under events). It is a wonderful event where we hold no business, but simply enjoy one another's company and our sisterhood in SAI. Please wear something red to the luncheon, and RSVP at the November meeting, or by November 30.

SAI Love and Roses,

Kristin Rousom, president

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UPCOMING EVENTS

December

5th, Saturday, 11:30 am
Incorporation Day Luncheon
Location: Red Lobster
5656 S. Wadsworth Blvd.
Littleton, CO 80123

January

9th, Saturday, 8am
Xi C Province Day
Host: CU Boulder

17th, Sunday, 2:30pm
Linda Rolf, piano
Judy Scherschligt, cello
Host: TBD
Co-Hostess: Dee Netzel

February

21st, Sunday, 2:30pm
Donita Banks, Voice and Piano
Hostess: Donita Banks
Co-Hostess: Dorothy Nelson
2571 Brentwood Ct, Lakewood 80227





RECENT MEETINGS BY DONITA BANKS

Don't Forget!

Changed Deadline— January
25th: Materials Due for the
Winter Issue of *Staff Signals*



A SEPTEMBER SING-ALONG

On September 15, we gathered at Atonement Lutheran Church for a potluck dinner cohosted by the EB, followed by a Sing-Along of SAI songs, led by Linda Rolf with Donita Banks at the piano. Linda introduced us to a couple of “new” songs as well as a selection of “old” favorites. We sounded like a choir--great fun! President Kristin Rousom had car issues so had to leave before the meeting. Linda presided at an informal meeting as we discussed projects and plans for the coming year.

AN EVENING WITH JOHN KUZMA

Mary Hanson was our hostess for the October 20th meeting with Nancy Johnson as co-hostess. Our special guest was John Kuzma, National Arts Associate. We initiated him in 1989, and he recently retired as Minister of Music at Montview Presbyterian Church, after serving there since 1987. John's wife Bess, and his organist at Montview, Barbara Hulac, also attended the meeting. John spoke about his struggle with Parkinson's disease after being diagnosed about 10 years ago. Although he can no longer play the organ, he continues to compose, searching, as he described it, for his “authentic aesthetic.” Recordings of some of his earlier organ works, and a more recently composed string quartet, revealed this transition from a traditional sound to a more “contemporary” focus. Following his talk, Donita Banks and Mary Hanson presented John with a card, created by Donita and signed by members, as well as a restaurant gift certificate and a red rose to express our thanks for his exemplary career. Group photos were taken by Donita and Kristin Rousom. Donita has sent a copy of that photo to John to add to the card. A copy of the photo will also be used for our Christmas card fund-raiser that Martha Lobmeyer creates every holiday season.

Following refreshments and fellowship, a formal business meeting was held. V-P Ritual Linda Rolf had us read through the SAI Symphony and suggested using one line as a personal motto in our daily lives. Donita Banks presented a 50-year membership certificate to Janet Williams. A lively discussion about proposed fund-raisers and other events rounded out the meeting.

September 15th Meeting Pictures



(L to R:
Brenda
Ohlschwager, Mary
Hanson,
Dee Netzel)



(L to R:
Donita
Banks,
Kelly
Sowell)



(L to R: Rita Jo
Tensly, Dorothy
Nelson, Cynthia
Garrels, Ardice
Garrels at the
sing-a-long)



(Linda Rolf
leading
the infor-
mal
meeting)

(L to R:
Caryn
Sowder,
Sarah Ben-
como, Cassi-
dy Boone at
the sing-a-



(Group Picture taken at the October meeting for
John Kuzma's card and the Holiday Card. L to R, back
row: Clem Hanson, JoAnne Khyl, Dee Netzel, Cyndi
Garrels, Brenda Ohlschwager, Linda Rolf, Janet Wil-
liams. L to R middle row: Kristin Rousom, Mary Han-
son, Martha Lobmeyer, John Kuzma, Dorothy Nel-
son, Ardice Garrels, Rita Jo Tensly. L to R front row:
Nancy Johnson, Mary Nichols, Rachel Stone, Donita
Banks, Cassidy Boone)

October 20th Meeting Pictures



(L to R:
Donita
Banks pre-
senting
Janet Wil-
liams with
her 50 Year



(L to R:
Donita
Banks,
Mary
Hanson,
John
Kuzma)



(L to R: Dorothy Nel-
son, John Kuzma, Bess
Kuzma, Barbara Hulac)



SIGMA UPSILON REPORT

BY NIKKI FRONTZ



From Sigma Upsilon

Jackie Gessert (President) attended the National Triennial Convention and brought home many new ideas to incorporate into the chapter. Many Sigma Upsilon members are in the Lamont School of Music's production of Guys and Dolls together. They elected a new alumnae advisor (that's me!). They also helped the first year students move into their dorms. In addition, they attended the Pioneer Carnival to better integrate SAI into the DU Community. They are very excited about their recruitment which will be the week of January 4th, 2016, and they are anticipating taking 10 new MITs this year. Their goal is to have initiation by mid-March.

From Sigma Upsilon's Newest Alumnae Advisor: Nikki Frontz

I was so honored and privileged to be approached and elected by Sigma Upsilon to serve as one of their alumnae advisors. I accept this role with such humility. Rita Jo Tensly, Delorus Netzel, Janet Williams, and Dr. Kristin Taavola have created a tradition of excellence and wise mentorship that I will do my very best to uphold. I am thankful that they have paved the way to set up Sigma Upsilon for success for generations to come. I am so excited to be working with Janet Williams and Dr. Kristin Taavola as Sigma Upsilon's advisory team and to affiliate with the Denver Alumnae Chapter.

I would like to include a little information about myself. I truly bleed SAI. I was initiated in the fall of 2006 with the Kappa Epsilon Chapter at the University of Southern Mississippi, where I was a voice (mezzo-soprano) major. There I held the offices of Treasurer and Vice-President Ritual, and I was awarded the Sword of Honor. After graduation, I affiliated with the New Orleans Alumnae Chapter and I was elected Vice-President Membership. When I moved to Denver in 2013 to attend the Iliff School of Theology for a Masters in Divinity, I joined the Sigma Upsilon chapter and became the sisterhood chairman. The challenges of my first year of graduate school only allowed me to directly serve Sigma Upsilon. I will be wrapping up graduate school in June 2016, so I have been given the gift to serve Sigma Upsilon again and the Denver Alumnae Chapter, and this time truly commit to doing it.

My philosophies and my plan of approach with Sigma Upsilon include: respect, honesty, honor, empowerment, accountability, and inspiration. These are our dear sisters, colleagues, and leaders in our sisterhood. As a Chaplain's Assistant in the Air Force and as a Chaplain's Assistant at the University of Denver, I have experience coaching people to be inspired and empowered to do what is best for them. My role with Sigma Upsilon is to encourage them to clearly know who they are, why they are here, and where they are going, as well as to intentionally craft a legacy to be proud of for generations to come. Our Sigma Upsilon sisters are willing to work really hard on this and I plan on working hard on this with them.

It is such a pleasure to be of service to our cherished sisterhood.

Shine on,

Nikki Frontz

(taken at the PO official visit, top row L to R: Victoria Minton, Miranda Teske, Joanna Fleming, Julie McCarthy, Kassidy Flick, bottom row L to R: Erica Rasquinha, Jaclyn Gessert, Emily Costar, not pictured: Samantha Barrasso, Piper Brown, Elizabeth Burns, Katelyn Guy, Nicole Kobayashi, Terra Salazar, Chloe Scull, Raphaelle Siemers, Marie Staples, Katerina Therianos)



(Samantha Barrasso performing at the Jazz Performance Class)



(Miranda Teske performing at the official PO visit)



(Julie McCarthy performing at the PO official visit)



FUNDRAISER INFORMATION

BY RACHEL STONE, FUNDRAISING CHAIRMAN

For those of you who do not know, we are having a large fundraiser/social event on March 12th 2016 from 5:30pm-9:30pm. It will be a classy, formal event that will include a silent auction, catered dinner, performance by Jenna Bainbridge and her jazz combo, and dancing to the music of a big band. We came up with the title "Swing Into Spring With SAI" because the music we will be featuring is swing, jazz, blues, pop, and Broadway. We think this type of music appeals to a wider audience and we want non-chapter members to attend. We have not finalized all of the details yet, so we have not decided on the ticket price yet.

It will be our main event of the year and we will need everyone's help. The goal of the event is to raise money for our scholarship program, mainly from non-chapter members. That way we can earn more than when we ask members to donate through a chapter-only fundraiser. Of course we would like as many chapter members as possible to attend, but it is not a chapter-only event. In order for this event to be a success and for us to raise a lot of money, we need the help and participation of every chapter member. In the past, only a few members have done most of the work on events like this and that won't work for this event. If we don't get your help and participation, this event will fail. The committee can only do so much ourselves. So we need to ask for your help and participation in many ways, but we are only asking each of you to participate to the best of

These are the things that we need all chapter member's help with:

1. We will be making flyers to advertise for the event. We will hand them out at the Incorporation Day Luncheon and we will email them or mail them to members who cannot attend. We are asking all of you to post the flyers all over town. You can bring them to music rehearsals, hand them out to students, give them to friends, family, neighbors, co-workers, etc. We also hope to put announcements in newspapers and magazines so if anyone has any connections to any newspapers or magazines, please let me know.
2. We will be making formal invitations with response cards and return envelopes addressed to me, as well as tickets printed on card stock. We are asking all of you to give or mail invitations to your friends, family, neighbors, co-workers, fellow musicians, students, etc. and sell them tickets. We will be giving you a "script" with suggestions for what to say to people to get them to buy tickets. Even if you only sell two tickets, that is better than nothing, but ideally we would like each member to sell five or more tickets. We will be having a contest for which chapter member sells the most tickets and she will receive a free ticket. We will be inviting Anne Kleve, Patty Krus, the Sigma Upsilon chapter, the Alpha Phi chapter, and the Boulder Alumnae chapter. We will also be inviting all of our other types of members and asking them to sell tickets as well.
3. We will be selling ads to businesses so we can make more money. These ads will be placed in the formal program booklet, which will also include the program for Jenna's performance, information about the band, the menu, a list of the auction items, the schedule of events for the evening, and a list of the committee members and everyone who helped. We are asking all of you to go to local businesses and ask them if they would like to buy ads in our program for publicity. You will be given a form to give them with all of the information about the event and ad prices. We would like to include ads from our member's businesses, so members can buy ads as well. We will be selling business card size ads, half page ads, and full page ads.
4. We are asking all of you to create, buy, or donated a solicited item for the silent auction. This way the chapter does not have to pay for these items and lose money. You can ask a business to donate a product or service and not pay anything for it, ask a business to sell you an item for a reduced fee, create a themed basket like a spa basket or movie night basket, make another creative item that you want to make like a scarf, or you can buy an item for \$30 or less to donate. You will each fill out a form with information about your item and the starting bid based on how much it cost you or its value. That information will be put into sheets next to each item so people can bid on them. We really need all active members and as many associate members as possible to donate an auction item so that we have enough to sell and can make enough money.
5. We will be asking some of you to help with aspects of putting the fundraiser together, like making the programs or publicity. Those of you not helping with one of those aspects of putting it together will be asked to help with certain things during the event, like taking tickets or taking money for auction items. We will be passing around a sign up sheet at meetings so you can sign up for a job during the event. You will do your one job and then enjoy the rest of the event. No jobs interfere with dinner.

COOKBOOK FUNDRAISER INFORMATION

BY MARTHA LOBMEYER



This is a reminder from Martha Lobmeyer to submit your recipes for the cookbook by the end of November. A lot of members still have not contributed recipes. The cookbook should represent the whole chapter, ideally with at least one submission from each member. In case you did not receive the recipe submission sheet you will find it below.

RECIPES OF NOTE SECOND EDITION

When submitting recipes for the SAI cook book, *Recipes of Note*. Be sure to include the following:

1. Your Name
2. Name of your recipe
3. All ingredients and their amounts (ex: 2 tsp; 4 tbsp.; 1 cup; 10½ oz.; 1 lb., etc.) please be accurate. If recipe calls for a can or jar of something, be sure to state the size of can or jar (ex: 1 can (15½ oz.)
4. Size and type of cooking or baking container to be used (ex. large saucepan; small skillet; Dutch oven; 2 quart casserole; 1 quart baking dish; 9x5x3-inch loaf pan; 12x7½x2 baking dish; 9-inch tube pan; 9-inch pie pan etc.)
5. All baking or cooking temperatures (ex: 350° oven; in a pan over medium heat, etc.)
6. All baking or cooking times (ex: Bake for 30 minutes; simmer for 10 minutes.)
7. Specific directions for assembling ingredients.
8. Number of servings (ex: Makes 6-8 servings.)
9. Before submitting, double check to make sure everything you've listed is accurate and with correct spelling and no typos.
10. If there is something extra special about your recipe you'd like to add in a sentence or two, please do so. Ex: My kids always requested these cupcakes as the treat to be shared with their school class on their birthdays.
11. Submit as many recipes as you wish; the more the better.
12. Send all recipes to Martha Ann Lobmeyer
13347 West Montana Place, Lakewood 80228
e-mail: mlbassoon@comcast.net

I prefer receiving all recipes by e-mail, but if submitted in another way, please either type or print recipes carefully to make sure I can read them accurately and avoid making mistakes recording your recipe.





BIOGRAPHY OF OUR NEW PROVINCE OFFICER

PATTY KRUS

My full name is Patricia Ann Krus, but I've always been called Patty. My father thought Patty Ann was the prettiest name, but no one has ever called me that! I was initiated into the Theta Rho Chapter at Missouri State University in the spring of 2005. After graduating in 2007 with a Bachelors in Antiquities: Classical Studies and minors in History and Ancient Greek, I was accepted into the Masters track of the Classics Department at CU Boulder. I graduated in 2009 and was hired back by the University to work in the history museum on campus, the CU Heritage Center. After over three years there, I was hired by the Dean of the Graduate School to work in his office, where I handle graduate admissions for all of CU and run the financial side of things - the grant and fellowship competitions. It is a rewarding position that I still hold.

I am from a family full of singers, and I have no recollection of my early years that doesn't involve music. My father Gary has a beautiful full range, my mother Barbara is a mezzo, my older brother Daniel is a tenor, I'm a soprano, my next sister down, Deborah, is an alto and Amanda, the baby sister, is a mezzo. We have a choir! I sang in my first performance at 4, had my first solo at 7, and have sung as a soloist, cantor, and choir member for basically all of my life. It is a very fulfilling thing to sing, and I love to make up songs to amuse my friends. I also play guitar, which I blame completely on my father, who used to play and sing to us when we were small. He's since then given me the beautiful twelve string that is older than I am.

Other fun things: I am a snowboarder and a roller derby girl. My derby name is Brickwall Betty. I can read several dead languages including Greek, Latin, and Akkadian Cuneiform. I love crafting and sew, quilt, knit, crochet, spin yarn, and weave. If I was going to be an animal, I think my top picks would be a dolphin, a sea turtle, or an owl. I also have a pet fish named Sid-Bob and an Australian Kelpie named Tessa.

I have been an SAI for ten and a half years now and I am so happy that I joined. In addition to happy college memories, I have SAI to thank for helping me find a house when I moved to Colorado, for helping me during the hardest times of my life, and for helping me celebrate my successes and triumphs. When I went through 2 difficult knee surgeries this year, SAI members helped me in so many ways - helping me pack to move, planting a garden for me, even taking my dog on walks! I recently bought a house in Boulder and am currently engaged to a wonderful man named Josh. We are planning a spring wedding in Boulder (May 21 on Flagstaff Mountain to be exact).



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UPCOMING BIRTHDAYS

The following sisters have birthdays coming up! May you all have a wonderful new year.

11/26: Kelly Sowell
11/28: Brenda Ohlschwager
12/4: Martha Lobmeyer
12/13: Caryn Sowder
12/28: Kristin Rousom
1/4: Ardice Garrels
1/14: Emily Kintigh
1/29: Linda Rolf
1/21: Sarah Bencomo
2/2: Liane Pieffer Rockley
2/7: Donna Chase
2/8: Danielle Snyder

CHANGES TO THE JANUARY AND MARCH MEETING LOCATIONS AND PERFORMERS

A scheduling conflict has come up and it was determined that Rita Jo's apartment will be too small to host the meeting, so the January 17th meeting will feature Linda Rolf, piano and Judy Scherschligt, cello, and the location will be determined by Mary Nichols as soon as possible. The March 20th meeting will feature Rita Jo Tensly, piano and Jackie Gessert, voice and it will be held at Schmitt Music as originally planned. Both meetings will still start at 2:30 pm. Please make these changes in your Yearbooks.



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Visit us online at: <https://sites.google.com/site/saidenveralumnae/>

*Support the fraternity's Purpose,
Adhere to the Fraternity's Mission Statement,
Invest in the fraternity's Vision of SAI*

CHAPTER CHATTER ANNOUNCEMENTS, AND ITEMS OF NOTE

CORRECTIONS TO THE YEARBOOK SO FAR

1. On page 5, the new SAI Philanthropies chairman has been announced. It is Heidi Frankson. Her address is: 2631 Brightmoor Ridge Dr., Matthews, NC 28105-2433. Her phone number is 704-814-9406. It doesn't say whether it is her residence or cell phone number.
2. On page 10, the new member committee does not exist anymore, since Cassidy is already the VP Membership, so cross that off.
3. On page 13, Sarah Bencomo moved over the summer so I didn't have her current address. Her new address is 6875 East Iliff Ave Apt 237, Denver CO 80224.
4. On page 16, Brenda Ohlschwager's residence phone number is wrong, even though that was the number on the list I was given. Her correct number is 303-838-0777.
5. On page 18, Wilma Parson's moved so I didn't have her current address. Her new address is 11800 West 49th Avenue, #165 Wheat Ridge, CO 80033.
6. On page 21, Janice Hall moved so I didn't have her current address. Her new address is 2360 29th St Apt 3A, Astoria , NY 11105, and she has an email address which is jansoprano@aol.com.
7. On page 38, in Article IX of the Bylaws, there is a mistake. Section B should read Voting by email is permitted for all honors and awards.



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